

SAINT RAMALINGAR'S PATH OF WISDOM

SAINT RAMALINGAR, also widely known as VALLALAR was born in South India on 5.10.1823 to preach the path of wisdom for the mankind as a whole without caste, creed or nation. He aspired that the entire human race should worship the formless supreme God only. In order to unite all the sects of people who are worshipping various idols.

He initiated a common way of worshipping God. To achieve this object, on 22.10.1873 he brought out one of the lamps, glowing in his room of meditation at siddhi VALAGA THIRUMALIAGAI {SANCTUM SANCTORUM} at Mettukuppam in South India and kept it in the main hall of the building. He informed the gathering to sit around the lamp and chant the following hymn so as to get concentration of mind for getting the grace of supreme formless God:-

**Arutperunjothi Arutperunjothi
Thanipperungarunai Arutperunjothi.**

"The great light of grace! The great light of grace!
The embodiment of supreme mercy! The great light of grace!"

1. Day and Time:

The worship in front of the lamp may be made on any day without exception. But the time of worship may be fixed as follows:

- a. **Morning after 3 am and before 8 am.**
- b. **Evening after 5 pm and before 9 pm.**

NB: Worshipping after taking non-vegetarian food will be of no use.

2 How to get ready for worshipping:

In the morning hours it is essential to brush the teeth and clean the body with water. In the evening hours, it is enough if the face and foot are cleaned with water.

3. Place:

A common hall may be selected for this purpose. A carpet may be spread on the floor so that all the participants can sit conveniently on the floor. Only disabled persons may sit on chairs etc. in the last row.

4. Lamp and oil:

A wide mouthed clay or metal lamp with the nose for placing the wick may be kept on a stand of two and half feet height from the floor. Coconut oil is preferable for this lamp for glowing without disturbance.

5. Sitting arrangements:

If the number of participants is less, the lamp may be placed in the centre with the wick facing eastern side and all may sit around the lamp according to convenience. If there are a large number of persons the lamp may be placed abutting the northern wall with the wick facing southern side. The participants may sit in convenient rows leaving a vacant space of 3 feet from the lamp. The lamp should be visible to all the participants.

6. Lighting the lamp:

One elderly man or woman may light the lamp. At that time all should stand up and say the following hymn in one voice:-

Tamil knowing people may chant the following hymn in one voice:

**Arutperunjothi Arutperunjothi
Thanipperungarunai Arutperunjothi.**

**Oh God! The great light of grace! The great light of grace
The embodiment of supreme mercy!
The great light of grace! (TRANSLATED IN ENGLISH)**

7. Taking vow:

After the lamp is lighted, one elderly man or woman may read the following vow so that all can repeat it:-

“Ellaam udaya Arutperunjothi Arputhakkadavule! Ithu thodangi ekkallatthum, suttha sanmaarkatthin mukkiya tadayaagia samayanggal mathanggal maarkkangal enbavartthin aacara sanggarppa, vigharpanggalum, varunam, aasiramam, muthaliya ulagaaccara sangkarppa vigarppanggalum enggal manathil pattraata vannam arul seythal vendum. Suttha sanmarkkathin mukkiya latciyemagiya aanmaneya orumaippatturimai, enggalakkul ekkalattum, evvidattum, evvitatthum, ellalavum, vilagaamal nirainthu vilangga, seyvittahrulal vendum.

Translation: [“Oh lord, The Almighty! the great light of grace. From this moment onwards please guard us from indulging in caste and religious activities which will be against human have harmony. We should on no account deviate from the path of wisdom”]

After taking this vow, all may sit for meditation.

8. Meditation:

One may say the hymn and others may repeat continuously for about 15 minutes. After 15 minutes, they may do meditation looking at the lamp with strict silence for another 15 minutes.

(a) THIRUVADI PUGAZHCI

One man or woman may read all the 128 lines of Thiruvadi Pugazhalci. At the end of each line, the gathering may say "ARUTPERUNJOTHI".

Parasivam chinmayam pooranam sivaboga
Baackiyam parama nidhiyam
Parasugam thanmayam sachidhaanandha meip
Parama yekaandha nilayam
Paramagnaanam paramasathuva magathuvam
Parama kaivalya nimalam
Paramathathuva niradhisaya nitkalam boodha
Bowdhigaa dhaara nibunam
Bavabandha nikraga vinodha sagalam sirparam
Peraanandha soroobam
Parisaya theedham suyam sadhothayam varam
Paramaartha muktha mounam
Padana veydhaanthaantha aagamaandhaantha niru
Paadhigam parama saantham
Paranaadha thathuvaandham sagasa dharisanam
Pagirangam andha rangam
Paraaviyomam parama jothimayam vibulam
Parambaram anandham asalam
Parama logaadhika nithya saambiraajyam
Para padham parama sootchumam
Paraabaram anaamayam niraadharam agosaram
Parama thandhiram visithiram
Para amudha niraagaram vigaasanam vigodanam
Parasugodhayam akshayam
Paribava vimosanam gunaragitham visuvam
Padhituva paropareenam
Panjakirthiya sudha karthathuvam thar
Param Cidhambara vilaasam
Pagarsubaavam punidham adhulam adhu lidham
Ambaraambara niraalambanam
Paravu saatchaathkaara nir avayavam kar
Panaatheedha niruvi kaaram
Parathuriya anubavam guruthuriya padham am
Pagam bakaa theedha vimalam
Parama Karunaambaram tharpadham kanachor
Padhaatheedham inbavadivam
Parotcha gnaanaatheedham abarotcha gnaanaanu
Bava vilaasa prakaasam

Baavanaatheedham gunatheedham upasaantha
Padhamahaa mounaroopam
Paramabodham bodha ragidha sagithamsam
Bavaatheedham apramayam
Paganandhaanandham amalam usidham sir
Padham sadhaanandha saaram
Paraiyaadhi kirnaanga saanga sowbaangavim
Baagaara niruvi karpam
Parasukaarambam param brama vidham
Paraanandha purana bogam
Parimidhaa theedham parodhayam paragidham
Parapareenam paraandham
Paramaarpudham parama saydhanam pasupaasa
Baavanam parama motcham
Paramaanu gunanavaa theedham
Sidhaagaasa baaskaram paramabogam
Paribaaga vaydhana varo Dhayaanandha
Padhabaalanam parama yogam
Parama saathya adheedhaanandha bokiyam
Parigadham parivaythiyam
Parakayvalaath vidhaanandh aanubava satha
Paadhaakra sutha palidham
Paramasuthaath vidhaanandha anu boodhigam
Pariboodha sirgunaandham
Paramasidhaandha nigamaandha samarasa sutha
Paramaanubava vilaasam

(b) NYAANA SARIYAI

All the 28 poems of "GNANA SARIYAI" or minimum of first three poems may be sung by any one . After the last stanza of each poem the gathering may say "ARUTPERUNJOTHI".

Ninainthu ninainthu unarnthu unarnthu negizhnthu negizhnthu anbe
Nirainthu nirainthu uttrezhung kannir athanaal udambu
Nanainthu nanainthu arulamuthe nannithiye nyana
Nadattarase ennurimai nayagane endru
Vanainthu vanainthu etthuthum naam vamin ulagiyaleer
Maranamilaap peru vaazhvil vaazhnthidalaam kandeer
Punainthuraiyen poi pugalen satthiyanj solkinren
Porsabaiyil sirsabaiyil pugunth tarunam ithuve

Pugunthtarunam ithu kandeer nammavare naanthaan
Pugalkinren enmozhi or poimozhi ennatheer
Uguntharunam uttravarum pettravarum pirarum
Udamaigalum ulakiyalum uttrathunai andre
Mighuntha suvaikarumbe sengkaniye korthene
Meippayane kaipporule vilaiyariyaa maniye
Tagunthatanip perumpathiye tayaanithiye kathiye
Sathiyame endruraimin batthiyodu paninthe

Paninthupaninthu taninthu taninthu paadumino ulakeer
Parambaram sithambaram paraabaram varam
Tuninthu vantha vethaantha sutthaanu bavame
Thuriyamudi anubavame suttha sitthaantha mathaayth
Taninthanilaip perun sugame samarasa sanmaarka
Sathiyame iyarkaiyunmaith thanipathiye endru
Kaninthulate kaninthuninain thuraitthidil ap pozhuthe
Kaanaatha kaatchiyellaam kandu kolalaame

Kandatelaam anittiyame keddatalaam pazhuthe
katratelaam poiye neer kalitthatalaam veene
undathelaam malame udkondathelaam kuraiye
ulakiyaleer ithuvaraiyum unmaiarin thilire
vindathanaal en inineer samarasasan marka
meineriyaik kadaipiditthu meipporul nankunarthe
endaghu sitrambalatte enthaiarul adaimin
iravaatha varamperalaam inbamura laame.

Inburalaam evvulagum ettidha vaazhnthidalaam
Ellaamsei vallasitthi iraimaiyum petridalaam
Anbudaiyeer vammin inge samarasasan markam
Adainthidumin agavadingu kanagavadiyaakip
Ponpudai nankholir oliye putthamuthe nyaana
Pooraname aaranatthin porulmudimel porule
Vanbudaiyaar perarkarithaam maniye sirsabaiyin
Maamarunthe endruraimin thimaiyellam thavirthe.

Teemaielaam nanmaiendre thiru ulang kondarulich
Siriyeukku arulamuthath thelivalittha tiratthai
Aamayantheertha iyairkai inba anubhavame mayamaai
Ambalathe vilanggukindra arutperun jothiyai or
Omaiyaavan vadivudaiyaar ullakhathe niraintha
Oruporulaip perungkarunai udaiya perumpathiyai
Naamaruvi iravaatha nalamperalaam ulakeer
Nalla oru tharunamithu vallai vammin neere.

Neerpiraro yaan umakku neya uravalano
Nedumozhiye uraippan andrik kodhumozhisol veno
Saarpurave arulamutham tanthenai melettrit
Tanitthaperun sugamalittha tanittha perumpathitaan
Seerperave thiruppothuvil thirumeni taritthuch
Sitthaaadal purikindra thirunaalkal aduttha
Orpurave ithunalla tharunam inge vammin
ulakiyaleer unniyavaaru uttriduveer virainthe.

Virainthu virainthu adainthidumin methniyeer inge
Meimai uraikkindrenneer veruninaiyaatheer
Thirainthuthirain thuluthavarum ilamai adainthidavum
Setthavarkal ezhunthidavum sitthaaadal puriya
Varainthu varain thellanchei valla sittanthaane
Varukindra tharunamithu varamperalaam neevir
Karainthukarain thulamurukik kangalailneer perukik
Karunainadak kadavulai udkaruthumino kalitthe.

Kalitthulakhil alavighanthakaalam ulagellaam
Kalippadaiya arutjothik kadavulvarutharunam
Telitthidum ettharunamatho ennaatheer ithuve
setthavarai ezhuppukindra thigazhtharunam ulakeer
olit thuraikindrenalan naan vaaiparai aarkkindren
orusirithum acchamuren ullapadi unarnthen
alitthidu sittrambalatthen appan arul perave
aasaiundel vammin inge nesamudaiyeere.

Aasaiundel vammin inge arutjothip perumaan
Ammaiyumaai appanumaai arulum arulalan
Esara neetthenai aadkondhu enniyavaa ralitthaan
Ellaansei vallasittan ennuyiril kalanthaan
Thesudaiya pothuvilarul thirunadanam puriyat
Thiruvulangkon dezhuntharulum thirunaal ingithuve
Mosaurai enaninaitthu mayangatheer ulakeer
Mukkaalat thinum azhiyaa moortham adain thidave,

Adainthidumin ulakeering kithutharunam kandeer
Arutjothip perumpathi enappan varutharunam
Kadainthatanit thiruvamutham kalittarutthi enakke
Kaanaatha katchielaam kaattukindra tharunam
Idainthorusaar alaiyaatheer sugam enaippol peruveer
Yaanveru neerveren rennukilen uraitthen
Udaintha samayakkuzhinin rezhuthunarmin azhiyaa
Oru neriyaam sanmaarka thiruneripet ruvanthe.

Thiruneri onreathuthaan samarasasan maarkach
Sivaneri endrunarntulakeer serthidumin eendu
Varuneriyl enaiyaadkon darulamutham alitthu
Vallaba sakthikalellaam vazhangiya orvallal
Peruneriyl sitthaadat thiruvulangkon darulip
Perungkarunai vadivinodu varutharunam ithuve
Karuneriveezhn thuzhalaatheer kalakkamadai yatheer
Kanmaiynaal karuttorumit thunmai uraitthene

Unmaiyaaraik kindren inguvantadaimin ulakeer
Uraithanil santhekithulari vazhiyaatheer
Enmaiyaanaan enaninaiyeeer ellaanseyi vallaan
Ennul amarn thisaikindraan ithukenmin neevir
Tanmaiyaodu sutthasiva sanmaarka neriyil
Saarthuvirainth terumino satthiyavaazh valikkak
Kanmaitharum oruperunseerk kadavul enappugalum
Karunainithi varukindra tharunam ithu taane.

Thaanetaan aaghielaam thaanaagi alanaaith
Thanippathiyai vilangidum entantaiyai entaayai
Vaane avaan karuve vaankaruvinn muthale
Vallaal endranbarellaam ulla nindravanaith
Thene sembhaage endrinithidun thellamutaich
Sirsabaiyil peruvazhvaich sinthaiseimin ulakeer
Uneyum udalazhiyaathu oozhithorum ongum
Utthama sitthiyaipperuveer satthiyam sonnene.

Satthiya vedhaantamelaam siddhaantham ellaam
Thanitthani mel unarntunarnthum thanaiyunartar karithaai
Nitthiya sirsabai naduve nirainthu nadam puriyum
Nittha paripuranaanaich sitthasigaa maniyai
Atthagaiyor perumpathiyai arumarunthai adiyen
Aaviyai en aaviyile amarntha thayaanithiyaich
Sitthiyelaam enakkalitha sivakathiyai ulakeer
Sinthaiseithu vazhthumino ninthai elaam tavrinnthe.

Ninthaiyilaar nenjaghate nirainthaperun thagaiyai
Nilaiyanaitthum kaatti arulnilai alittha guruvai
Enthayai enthanitthaayai ennirukan maniyai
Enuyirai enunarvai enarivul arivai
Sinthaiyile thanithinikkum tellamuthai anaitthum
Seiyavalla thanittalaimaich sivapathiyai ulakeer
Munthaimala iruddozhiya munnumino karana
Mudhukkozhitthuk kadaimarana nadukkozhitthu muyandre

Muyandrulaghil payanadaiyaa moodamatham anaitthum
Mudhugi azhinthidavumoru mosamum illaathe
Iyandraoru sanmaarkam engum nilaipravum
Emmiraivan ezhuntharulal ithutharunam kandeer
Tuyindrunarthe ezhunthavarpol iranthavarkal ellaam
Tondra ezhukindrathitu todangi nigazhnthidum neer
Payindrariya virainthuvammin padiyaatha padippaip
Paditthidalaam unarthidalaam patridalaam sugame

Sugamariyeer thunbam ondre tunintharintheer ulakeer
Sootharintheer vaatharintheer tooimaiyarin thilire
Igham ariyeer param ariyeer enne nung karuttheetu
Enpuriveer maranamvaril enkuruveer antho
Aghamariyeer anaghamarin thazhiyatha nyaana
Amuthavadivam peralaam adainthidumin eendhe
Mughamariyaar poliruntheer ennai ariyeero
Muttharellaam pottrum arud sitthar maghan naane.

Naanuraikkum vaarthaielaam naayaghanthan vaarthai
Nambumino namarangkhaal natrarunam ithuve
Vaanuraittha manimandril nadampuriem perumaan
Varavethir konu avan arulaal varangalelaam perave
Thenuraikkum ulaminikka ezhukindren neevir
Therintadain then udan ezhumin sitthi peral aaghum
Enuraitthen irakkatthaal edutthuraithen kandeer
Yaanadaiyum sugatthinai neerthaan adaital kuritthe

Kurithuraikin drenithanaik kenmin inge vammin
Konummanak kurangale nanukindra ulakeer
Verittha ummaal orupayanum vendugilen enathu
Meiyuraiyaip poiuraiyaai veruninaiyaa theer
Poritthamatham samayamelaam poipoie avattril
Pughutaatheer sivamondre porul enakkan darimin
Seritthidu sirsabhainadattait therinthu thutittidumin
Sitthielaam itthiname satthiyamsern thidume.

Sernthidave oruppadumin samarasa samaarkat
Thiruneriye peruneriyaam sitthielaam peralaam
Ornthidumin unnutharkum uranghutharkum unarntheer
Ulaghamelaam kandidum orulavai arinthillire
Vaarthakadal ulaghariya maranamunde antho
Maranam endraal sadam enumor thiranamum sammathiyaa
Saarnthidum ammaranamathait tadhutthidalaam kandeer
Tanitthidu sirsabhai nadatthait tharisanan seiveere

Seithaalum theemaielaam poruttarulvaan pothuvil
Thirunadansei perungkarunait thirattaan angavanai
Meithaava ninaithidugha samarasasan maarkam
Mevugha endruraikkindren methiniyeer enaitthaan
vaithaalum vaithidumin vaazhtthenakkkon diduven
manangkonen maanam elaam ponavazhi vidutthen
poithaanor siritheninum pugalen satthiyame
pugalkindren niveer elaam punithamurum porudde.

Poruddala numpoghamelaam poiyaam ingithunaan
Pughaluvathen naalthoru numpunthiyir kandathuve
Maruddulakeer iruddulakil madiva thazhakalave
Maranamilaap peruvaazhvil vaazha vammin inge
Poruddirancher sutthasiva sanmaarka nilaiyil
Porunthumin sirsabai amutham arunthumin anbudane
Aruddiran serthenniyavaa raadhumino nummai
Aduppavare andri nindruthaduppavar matrilaiye

Mattrarivom enacchirithu taazhnthiruppeer aanaal
Maranamenum perumpaavi vanthidume antho
Satrumathai nummaale tadukka mudiyaathe
Samarasa sanmaarka sangath tavarghal allaal athanai
Ettrinindru thadukkavallaar evvulaghil evarum
Illaikandeer sathiya meethenmozhikon dulakeer
Patriya patranaithinaiyum patrara vittar ulam
Palappatre patrumino endrum iraveere.

Iranthavarai edutthidumpo taratrukinreer ulakeer
Iravaatha peruvaramneer en adaiya maatteer
Maranthiruntheer pinimooppil sammatham numakku
Maranthumithai ninaikkil nallor manamnadungum kandeer
Siranthidu sanmaarkam ondre pini mooppu maranam
Seraamal tavirttidungkaan terinthu vammin inge
Piranthapirap pithiltaane nitthiya meivaazhvu
Petridalaam perinbam utridalaam virainthe.

Uttramozhi uraikkindren orumaiyinaal umakke
Uravan andrip pagaivan enaunnaatheer ulakeer
Katravarum kallaarum azhinhidak kaankinreer
Karanamelaam kalangavarum maranamum sammatham
Satrumithaich sammathiyaa thenmanantaan; umathu
Tanmananthaan kanmanamo vanmanamo ariyen
Itrithannait tadhuttidalaam ennodu sernthidumin
Enmaarkam irappozhikkum sanmaarkan thane.

Sanmaarkap perungkunattaartam pathiyai ennait
Taangukindra perumpathiyait tanittha sabaabathiyai
Nanmaarkkat tenainadattich sanmaarka sangam
Naduvirukka arulamutham nalgiya naayaganaip
Punmaarkark karivaritaam punniyanai nyaana
Poorana meipporilaagip porunthiya maamarunthai
Anmaarkam tavirttaruli ambalate nadansei
Arutperun jothiyai ulakeer terutkolach saarveere.

Saarulaga vaathanaiyait tavirtthavar ullakhatte
Sathiyamaai amarntarulum utthama sarguruvai
Nerurave evaraalum kandukolar karithaam
Nitthiya vaanporulai elanilaigalunthaan aaghi
Erurave vilangukindra iyarkaiunmai tannai
Ellaamsei vallabathai enakkalitttha pathiyai
Oruravendradain thulakeer potrimaghizhn thidumin
Ullamelaam kaninthurughi ullapadi ninainthe

(c) AGAVAL

Anybody may read as many poems of ARUTPERUNJOTHI Agaval as could be done for 15 minutes. At the end of each poem the gathering may say "ARUTPERUNJOTHI".

1. Emmaiyum Emmai Vittu Iraiyum Piriyaathu
Ammayi Appanumaam Arutperunjothi -56
2. Saathiyum Mathamum Samayamum Kaanaa
Aathi Anaathiyaam Autperunjothi -58
3. Epporul Meiporul Enbar Meikandor
Apporul Aaghiya Arutperunjothi -71
4. Iravaa Varamalithu Ennai Meletriya
Aravazhiyaam Thani Arutperunjothi -79
5. Engeng Kirunthu Uyir Ethethu Vendhinum
Angang Kiruntharul Arutperunjothi -85
6. Saavaa Nilai Ithu Thantanam Unakke
Aavaai Ena Arul Arutperunjothi -105
7. Mutthi Enbathu Nilai Munnuru Saathanam
Atthaga Vendra En Arutperunjothi -125
8. Sitthi Enbathu Nilai Serntha Anubavam
Atthiral Endra En Arutperunjothi -126

9.	Jothiyul Jothiyin Sorubhame Antham Aathi Enraruliya Arutperunjothi	-132
10.	Enge Karunai Iyarkaiyin Ullana Ange Vilangiya Arutperunjothi	-478
11.	Kollaa Neriye Guruvarul Neri Enap Palkaal Enakkup Pagarntha Meisivame	-481
12.	Ninaithavai Ninaithavai Ninaitaang Eitura Anaitaiyum Tarum Or Arumperal Maniye	-636
13.	Udarphini Anaitaiyum Uyirphini Anaitaiyum Adarparat Tavirtha Arutsiva Marunthe	-649
14.	Maranap Perumphini Vaaraa Vagaimighu Karanap Perunthiral Kaatiya Marunthe	-652
15.	Ul Oli Ongida Uyir Oli Vilangida Vel Oli Kaatiya Meiyarut Kanale	-741
16.	Vaazhi Nin Perarul Vaazhi Nin Perunchir Aazhi Onralittha Arutperunjothi	-751
17.	Velga Nin Perarul Velga Nin Perunchir Algalinr Ongiya Arutperunjothi	-753
18.	Potri Nin Perarul Potri Nin Perunchir Aatralin Ongiya Arutperunjothi	-755

(d) MEDITATION

All may do meditation looking at the lamp with strict silence for 10 to 15 minutes.

(e) FINAL PRAYER:

"Jothi vanakkam" as noted in the Tamil text may be told by all in one voice.

Jothi Jothi Suyam
Jothi Jothi Param
Jothi Jothi Arul
Jothi Jothi Sivam
Vama Jothi Soma Jothi Vaana Jothi Gnana Jothi
Maaga Jothi Yoga Jothi Vaadha Jothi Naadha Jothi
Eama Jothi Eaga Jothi Earu Jothi Veeru Jothi
Eaga Jothi Eaga Jothi Eaga Jothi Eaga Jothi
Aathi Neethi Vedhane ! Aadal Needu Paadhane!
Vaadhi Gnana Bodhane ! Vazhga Vazhga Naadhane!

9. Final vow:

After 15 minutes of meditation all may stand up. One elderly man will read the following oath and all others will repeat it:-

Arutperunjotji aandavare! Naangal paavam seiyaathirukka vendum; uyirkkolai puriyaathirukka vendum. Ellaa uyirkalidathilum thayavu, karunai, anbu selutthatal vendum. Suttha sanmaarka saththiya neriyilirunthu, vazhuvaathirukka vendum. Maranamilaap peru vaazhvai adainthida vendum.

Oh! the almighty ! the great light of grace! Hereafter we will not do sins. We will not kill the living beings. We shall be always kind towards all living beings. We will not go out of the path of wisdom . (*English Translation*)

The following hymn may be told thrice by all

**Arutperunjothi Arutperunjothi
Thanipperungarunai Arutperunjothi.**

10. End of prayer:

On completion of the prayers snacks and tea may be distributed according to convenience and the gathering may disburse.